

News of *Hope*



New Hope, A Unitarian Universalist Congregation

June 2018

57885 Grand River Ave., New Hudson, MI

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“When someone is cruel or acts like a bully, you don’t have to stoop to their level.

No, our motto is, when they go low, we go high.”

– Michele Obama

Here in Michigan and all around the country, the political season is coming. We will soon be inundated with robo-calls, posters, advertisements, commercials and pleas for money. While I’m not looking forward to all of the hoopla, I am excited about the opportunity for our country and our state to elect some very good new people to leadership positions.

In this time of turmoil and tribalism, it seems there are many who are answering the call to serve, to try to solve our problems, and truly make America great again. I am grateful to all of these brave people who are stepping up to offer their talents and expertise. I know we will all support and help them in a variety of ways. This is a time for participation and action!

At New Hope on June 3, we are honored to have our Founding Minister, Reverend Suzanne Paul, back in our pulpit to lead a service entitled, “The Rules of Civility”. Suzanne will share her perspective on the current state of affairs in our country, as she asks the question: “What do we do when everything we have known to be correct and just is challenged?” We are excited to have a reunion with Suzanne. We all are looking forward to her wisdom and wit.

Also in June we will be celebrating “Juneteenth”, the oldest known celebration commemorating the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the Union soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the Civil War had ended and that the enslaved were now free. In present day America and even in Michigan, we have problems with human trafficking and slavery. These are both issues that require our attention.



Our Father’s Day service will look at the different ways men are treated in the news and entertainment industries. We all know of men with many fine qualities and honorable characters, but we don’t see or hear many stories about them in the media. We’ll celebrate some real men we honor and admire. If you’d like, please bring a photo of your dad for our altar.

Our last service of the month, *the first Sunday of summer*, will take place at Fox Trot Farm in Dexter. We will have a short service in the yard and then our ANNUAL NEW HOPE PICNIC. Last year some folks saw a bald eagle in the hay field. (You never know what wonders you’ll see in the country!) Ed and I are happy to welcome you to our place. Please feel free to bring your dogs, a lawn chair and a dish to share. We’ll provide various burgers, hot dogs and condiments. Together we’ll celebrate another year of peace and love for our little community.



Our Veterans service project is continuing into the month of June. We are collecting for the Veterans at the John D. Dingell VA Medical Center in Detroit. The items to donate include toothpaste (travel size), white socks (no elastic), T shirts (new, sizes L & XL), and washcloths (different colors). Please bring them to New Hope and we will get them to the hospital in a few weeks. Thanks for your help and thanks to Deb Edford for leading this project!

We are also still decorating bookmarks for the residents at Vista Maria. After church please take a few minutes to color and/or create a unique bookmark for a student who is learning to enjoy the wonders of reading. Vista Maria Reads is a program that gives books to the residents so they can develop their own personal libraries. Good books need wonderful bookmarks! When we have about 100, we will send them to the kids.

At New Hope during the month of July, we have been lucky to have member led services, so Deb and I can take a vacation. We are currently recruiting service leaders. If you have a topic you would like to share, a TED Talk that you think others would enjoy, a favorite movie, or an activity like an art project, game or a walk in the woods, please let our board members or staff know. We will need four people or groups of people to volunteer. You don’t need experience or training, just a good idea. Our New Hope people are a wonderful group and very supportive of all our efforts. We are happy to help with resources and ideas. Talk to us!

Best Wishes to all for a safe and wonderful month!

Love, Kathy

Sunday Celebration of Life Schedule for June 2018

Meditation Group meets every Sunday before services from 9:30 – 10:15 AM. All are welcome.

SUNDAY, June 3
10:30 AM

REV. SUZANNE PAUL
KATHY SILVER
DEB TYLER

“The Rules of Civility”



What do we do when everything we have known to be correct and just is challenged? Join us for one person’s perspective on a country gone mad. We welcome back to the New Hope pulpit our Founding Minister, the Rev. Suzanne Paul. Come and join this wonderful reunion!

SUNDAY, June 10
10:30 AM

KATHY SILVER
DEB TYLER

“Celebrating Juneteenth”



“Juneteenth” is the oldest known celebration commemorating the ending of slavery in the United States. Dating back to 1865, it was on June 19th that the soldiers, led by Major General Gordon Granger, landed at Galveston, Texas with news that the Civil War had ended and that the enslaved were now free. Let’s learn together about this important holiday.

SUNDAY, June 17
10:30 AM

KATHY SILVER
DEB TYLER

“Will The Real Men Please Stand Up?”



In today’s news media, men are most often mentioned for their transgressions and their crimes. In our entertainment media, men are usually portrayed as warriors, criminals or buffoons. At our service today, we will discuss some real men that we admire and the virtues and ideals they espouse.

SUNDAY, June 24
10:30 AM

KATHY SILVER
DEB TYLER

“Church At The Farm”

On this first Sunday of summer, come to Fox Trot Farm in Dexter for a unique Sunday church service and our year-end picnic. Kathy and Ed Silver, and assorted dogs, cats and horses welcome you to their home. All are invited to come and to bring dish to pass. Hot dogs, and beef and bean burgers will be provided. If you have a couple of lawn chairs, bring those too. Come and enjoy the fun!



KATHY SILVER, DIRECTOR OF RELIGIOUS EDUCATION
DEB TYLER MUSIC/CHOIR DIRECTOR

Stress Reduction

Stress affects your mind and can also afflict you on a cellular level. Long-term stress can lead to a variety of illnesses—headaches, stomach disorders, depression, strokes and heart disease. Understanding the mind/stress/health connection helps you manage stress and increase your stress and well-being.

10 Tips for Reducing Stress and Living a Longer, Healthier Life!

1. Improve your health—diet, exercise, sleep, positive, self-talk.
2. Slow down—relax, unwind, breathe.
3. Don't sweat the small stuff—go with the flow.
4. Take time for yourself—get a massage, read.
5. Focus on today—take life one step at a time.
6. Meditate—sit quietly for 10 minutes daily.
7. Laugh—laughter is the best medicine.
8. Help someone—practice random acts of kindness.
9. Focus on the positive—affirm what's working.
10. Try something fun & new—a hobby, vacation.

*Our Services are held on Sundays at 10:30 a. m. Services last until 11:30 a.m. All are welcome to attend regardless of faith, race, age and sexual orientation. We hope you'll stay for coffee and conversation after Services.



Hospitality



June

6/03/18 Jill and Dave
6/10/18 Corinne
6/17/18 Bonnie
6/24/18 End of Year Picnic

July Hospitality will be provided by the person that volunteers to lead the service that day.
A Big Thank you to all who have helped me out with hospitality this past year.
--Corinne

Greeter Sign-up

To welcome everyone who comes each Sunday, we seek two Greeters to be here by 10:15 each week: One near the front door to show them where to hang coats, the sign-in sheet, hospitality area and the community room. The Second to give the visitors a visitor's bag, name tag and tell them about the congregation. This will help our congregation grow in size and community.

Anyone can send me an email to let me know which Sunday they'd like to be greeter: kzaenger@comcast.net

6/3/18 Jill
6/10/18 _____
6/17 18 Bonnie



June 2018

Dates to remember

Sunday Services 10:30 a.m.

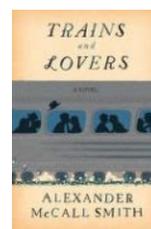
Meditation Group 9:30 – 10:15 a.m.

June 4 - Lunch Bunch, 12:30 at Karl's Cabin: 6005 Goffredson Rd, Plymouth Charter Twp

June 14 - Book Club at New Hope. Our book will be "Trains and Lovers" by Alexander McCall Smith.

June 11 - Board Meeting, 7:00 at New Hope

June 21 - Women of Hope meeting, 6:30 at Kensington Park, bring a dish to pass



Our next Charity Poker Event: Wed. August 15 – Sat. August 18th.

Please see Dennis to work a shift at this important fundraiser.